



THE FRUITS OF GRACE

GENTLENESS

Pastor Hayden Thomas • Compass Bible Church Hill Country • January 18, 2026 • Msg. 26-02

PREACHING POINT: Spirit-empowered gentleness should produce a lifestyle of strength under restraint in every arena of your life.

1. Consider _____

2. Exercise _____

a. Toward _____

b. Toward _____

Galatians 5:16-23 (ESV)

16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. 18 But if you are led by the Spirit, you are not under the law. 19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, 20 idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, 21 envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. 22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

Application Questions

These questions are provided for your further study and application of today's sermon. Thoughtfully writing out the answers to these questions will help to drive home the point of today's study. It is also helpful when you are able to discuss your answers with others. For more information about LifeGroups at Compass Bible Church that utilize these questions as the basis for their weekly discussion, please visit compasshillcountry.org/lifegroups or email us at info@compasshillcountry.org.

1. Write down one observation or application you found helpful from this week's sermon.

2. Read Isaiah 40:10-11 and Matthew 11:28-30. How does God's gentleness help you see the necessity of gentleness, especially when it comes to his dealings with you?

3. How do the world's views of gentleness contrast with the biblical understanding of gentleness?
 - a. How has the Bible helped correct or refine your understanding of gentleness?

4. Read 2 Timothy 1:7 and Galatians 6:1. How can a distorted view of gentleness excuse and promote fear, passivity, or inaction? According to these passages, what does exercising strength under restraint entail, i.e., gentleness?

5. Read Ephesians 4:2 and Colossians 3:12. How can you practically show gentleness in your interactions with your brothers and sisters in Christ?

6. Read Titus 3:2. What challenges do you face in responding with gentleness toward non-Christians who reject your beliefs, and how does Paul's instruction to Titus shape the way you should practically engage unbelievers?

*This Week's
Bible Reading Schedule*

January 18th
Genesis 42-43 & Matt 13:33-58

January 19th
Genesis 44-45 & Matt 14:1-21

January 20th
Gen 46-48 & Matt 14:22-36

January 21st
Genesis 49-50 & Matt 15:1-20

January 22nd
Exodus 1-3 & Matt 15:21-39

January 23rd
Exodus 4-6 & Matthew 16

January 24th
Exodus 7-8 & Matthew 17

January 25th
Exodus 9-10 & Matt 18:1-20

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